

#### Being Me In My World Puzzle Map - Ages 5-6

Piece (lesson)	RSHE guidance reference	PSHE Learning Intentions	Social and Emotional Skills Learning Intentions
1. Special and Safe	Н7	I know how to use my Jigsaw Journal	I feel special and safe in my class
2. My Class	R7, R14	I understand the rights and responsibilities as a member of my class	I know that I belong to my class
3.Rights and Responsibilities	R9, R12, R14, R16	I understand the rights and responsibilities for being a member of my class	I know how to make my class a safe place for everybody to learn
4.Rewards and Feeling Proud	H2, H3	I know my views are valued and can contribute to the Learning Charter	I recognise how it feels to be proud of an achievement
5. Consequences	H4	I can recognise the choices I make and understand the consequences	I recognise the range of feelings when I face certain consequences
6.Owning our Learning Charter	R12, R16	I understand my rights and responsibilities within our Learning Charter	l understand my choices in following the Learning Charter





#### **Celebrating Difference Puzzle Map - Ages 5-6**

Piece (lesson)	RSHE guidance reference	PSHE Learning Intentions	Social and Emotional Skills Learning Intentions
1.The same as	R5, R12, R16	I can identify similarities between people in my class	I can tell you some ways in which I am the same as my friends
2. Different from	R12, R16, H7, H8	I can identify differences between people in my class	I can tell you some ways I am different from my friends
3.What is 'bullying'?	R17, R29, H7, H8	I can tell you what bullying is	I understand how being bullied might feel
4.What do I do about bullying?	R17, R29, R31, R32, H9,	I know some people who I could talk to if I was feeling unhappy or being bullied	I can be kind to children who are bullied
5.Making new friends	R2, R8, R9, R10, R11, R13, R19, R25	I know how to make new friends	I know how it feels to make a new friend
6.Celebrating difference; celebrating me Assessment Opportunity	R12, H2, H3	I can tell you some ways I am different from my friends	I understand these differences make us all special and unique





# Dreams & Goals Puzzle Map - Ages 5-6

Piece (lesson)	RSHE guidance reference	PSHE Learning Intentions	Social and Emotional Skills Learning Intentions
1. My Treasure Chest of Success	H1	I can set simple goals	I can tell you about a thing I do well
2. Steps to Goals		I can set a goal and work out how to achieve it	I can tell you how I learn best
3. Achieving Together Puzzle outcome: Dream wellies	R12, R16	I understand how to work well with a partner	I can celebrate achievement with my partner
4. Stretchy Learning Puzzle outcome: Stretchy flowers		I can tackle a new challenge and understand this might stretch my learning	I can identify how I feel when I am faced with a new challenge
5. Overcoming Obstacles	R30, H4	I can identify obstacles which make it more difficult to achieve my new challenge and can work out how to overcome them	I know how I feel when I see obstacles and how I feel when I overcome them
6. Celebrating My Success Assessment Opportunity	НЗ	I can tell you how I felt when I succeeded in a new challenge and how I celebrated it	I know how to store the feelings of success in my internal treasure chest





## Healthy Me Puzzle Map - Ages 5-6

Piece (lesson)	RSHE guidance reference	PSHE Learning Intentions	Social and Emotional Skills Learning Intentions
1. Being Healthy	H1, H2, H5, H6, H18, H19, H28	I understand the difference between being healthy and unhealthy, and know some ways to keep myself healthy	I feel good about myself when I make healthy choices
2. Healthy Choices	H1, H3, H5, H6, H18, H19, H22, H23, H28	I know how to make healthy lifestyle choices	I feel good about myself when I make healthy choices
3.Clean and Healthy	H6, H18, H30	I know how to keep myself clean and healthy, and understand how germs cause disease/illness I know that all household products including medicines can be harmful if not used properly	I am special so I keep myself safe
4. Medicine Safety	H6, H18	I understand that medicines can help me if I feel poorly and I know how to use them safely	I know some ways to help myself when I feel poorly
5.Road Safety	H6, H18, H21	I know how to keep safe when crossing the road, and about people who can help me to stay safe	I can recognise when I feel frightened and know who to ask for help
6.Happy, Healthy Me Assessment Opportunity Puzzle outcome: Keeping clean and healthy	R15, H5, H6, H18, H24, H30	I can tell you why I think my body is amazing and can identify some ways to keep it safe and healthy	I can recognise how being healthy helps me to feel happy





## **Relationships Puzzle Map - Ages 5-6**

Piece (lesson)	RSHE guidance reference	PSHE Learning Intentions	Social and Emotional Skills Learning Intentions
1.Families	R1, R2, R3, R4	I can identify the members of my family and understand that there are lots of different types of families	I know how it feels to belong to a family and care about the people who are important to me
2.Making Friends	R7, R8, R9, R10, R11, R12	I can identify what being a good friend means to me	I know how to make a new friend
3.Greetings	R14, R19, R25, R26, R27, R28	I know appropriate ways of physical contact to greet my friends and know which ways I prefer	I can recognise which forms of physical contact are acceptable and unacceptable to me
4.People Who Help Us	R11, R16, R19, R25, R28, R32, H4	I know who can help me in my school community	I know when I need help and know how to ask for it
5.Being My Own Best Friend	R9, R10, R11, R15, R30, H3, H6	I can recognise my qualities as person and a friend	I know ways to praise myself
6.Celebrating My Special Relationships Puzzle Outcome: Balloons Assessment Opportunity	R12, R13, R16, H2, H6	I can tell you why I appreciate someone who is special to me	I can express how I feel about them





# Changing Me Puzzle Map - Ages 5-6

Piece (lesson)	RSHE guidance reference	PSHE Learning Intentions	Social and Emotional Skills Learning Intentions
1.Life cycles	R1, R6	I am starting to understand the life cycles of animals and humans	I understand that changes happen as we grow and that this is OK
2. Changing Me	H4	I can tell you some things about me that have changed and some things about me that have stayed the same	I know that changes are OK and that sometimes they will happen whether I want them to or not
3.My Changing Body		I can tell you how my body has changed since I was a baby	I understand that growing up is natural and that everybody grows at different rates
4. Boys' and Girls' Bodies	R19, R25, R26, R27, R29, H34	I can identify the parts of the body that make boys different to girls and can use the correct names for these: penis, testicles, vagina, vulva, anus	I respect my body and understand which parts are private
5.Learning and Growing Puzzle Outcome: Piece 5 Flowers	R15	I understand that every time I learn something new I change a little bit	I enjoy learning new things
6.Coping with Changes Assessment Opportunity	R32, H2, H3	I can tell you about changes that have happened in my life	I know some ways to cope with changes

